

Clinch at Cleveland

- Clinch River (Pucketts Hole to Nash Ford), Class 2(3), 500-3000 cfs
- Big Cedar Creek (Rt 640 to Nash Ford), Class 3 with one falls, 1200-6000 cfs and rising
- Big Stony Creek (Mountain Fork to Devil's Fork Confl), Class 3 continuous, 5000-8000 cfs and rising

South Fork Holston at Damascus

- South Fork Holston, (Drowning Ford to Alvarado), Class 2(3), 500-2500 cfs
- Laurel Creek (Milldam in Damascus to Drowning Ford), Class 2-3, 800-2000 cfs
- Whitetop Laurel Creek (Creek Junction to Rt 91 bridge), Class 2-3 with 2 Class 4's, 1250 -3000 cfs
- Beaverdam Creek (Natl Forest boundary to Red Caboose), Class 3, 1500-2500 cfs
- Tennessee Laurel Creek (below Laurel Bloomery to confl with Whitetop Laurel), Class 3 with 1 Class 4 , 1500 - 3000 cfs

Watauga at Sugar Grove

- Watauga Gorge (Guys Ford Rd to Horine Access), Class 4-5, 150-650 cfs

Doe at Elizabethton

- Upper Doe (US 19 Bridge to Blevins Bridge), Class 2-3, 250-3000 cfs
- Doe Gorge (Blevins Bridge to Hampton HS), Class 3-4, 400-2000 cfs
- Lower Doe (Hampton HS to Covered Bridge in Elizabethton), Class 3, 500-2000 cfs

Nolichucky at Embreeville

- Nolichucky Gorge (Poplar to Chestoa), Class 3-4, 500-2500 cfs
- Lower Nolichucky (Chestoa to Sawmill Takeout), Class 2-3, 800-3000 cfs
- Toe Gorge (Toecane to Red Hill), Class 2, runnable if the Nolichucky is running)
- Big Rock Creek (Little Rock Creek confl to Low water bridge), Class 3, 2000-4000

French Broad at Barnard

- French Broad sect 9 (Barnard to Stackhouse), Class 3, 800-3000 cfs
- French Broad sect 10 (Hot Springs to Del Rio), Class 2-3, 1000-3000 cfs ????

Ivy River near Marshall

- Big Laurel Creek (Hurricane to Hot Springs), Class 3-4, 250-2000 cfs
- Spring Creek (Rt 1171 to Hot Springs), Class 3-4, 200-2000 cfs

Dam Releases

- South Holston (South Holston Dam to Bluff City), Class 2, if South Holston Dam is releasing
- Lower Watauga (Riverside Park in Elizabethton to the town of Watauga), Class 2, if Watauga Dam is releasing